

ReInvent at any Age, Stage, or Circumstance!

Known as the **ReInvention Hotshot**, Ann speaks about ReInvention..... whether it be relevant to age, stage of development, by choice or due to circumstance.

Topic Titles Include:

Booming at Any Age ... Transforming the Conversation of Aging in our Society.

How to be an Unconventional Woman ...At any Age and Under Any Circumstance.

The ReGeneration Process: How to ReEnergize, RePurpose and ReInvent Your Workplace

7 1/2 Steps to Transcend the Status Quo and ReInvent your Life.

Adventuring Through Cancer ... and Thriving After....

When Life Knocks you Down , STAND UP ... even Stronger



Ann Fry
THE REINVENTION **HOTSHOT** AND AN
UNCONVENTIONAL SPEAKER

Ann Fry is a beacon for change. An advocate for people having amazing lives, she's also committed to happiness and fulfillment. Unconventional, frank, warm and funny, she challenges people to go beyond their limits.

Ann combines more than thirty years of experience as a psychotherapist, health care administrator, college professor, executive coach, author, facilitator, consultant and MOM to relate to audiences of all kinds – from board room executives, wanting to reinvent their culture to everyday people looking to reinvent their lives.

A pioneer and transformational agent, Ann helps people to continually reinvent themselves, and to find passion and purpose. She is committed to creating a world where people make a difference for others as a way of life.

More recent reinventions include selling everything at age 60 and moving from TX to NYC for a new adventure AND then, unexpectedly, dealing with breast cancer ... on her own, in the Big Apple.

Her newest project is:

We Are Booming.... Reinventing the conversation of aging.

“Ann’s training has been very illuminating in reminding the management group of facets of effective leadership.”

– AI, TX Commission on Environmental Quality

“Ann Fry was a terrific addition to our sales convention. The reviews are in and she was listed as one of our best. She created an entertaining and energy-charged environment.”

– MA, Cox Target Media

“Thanks for bringing some laughter to our workplace!”

– PBD, University of Texas System

“You gave us useful tools that we can use today—plus you made us laugh. And you know... when you laugh, you learn!”

– BB, President, TSAE

“Ann has an amazing ability to engage folks and her presentation style keeps all partners involved and applying material to their lives and their jobs.”

– DJ, Proaction Behavioral Health Alliance

“I only have positive feedback for you! We all enjoyed the unconventional 90 minutes and I’m sure that some of your input made people think and it will have a ‘sustainable’ impact. I talked to almost everybody and the feedback was always quite similar: It was fun, too bad it didn’t last longer.”

– FB, Manager Administration, FI & HR North America
Switzerland Tourism



All training can be linked to an ongoing coaching component. All events are customized to meet your needs
Presentations offered as KEYNOTES, half-day, full-day trainings or retreats.

Clients Include:

3M
American Case Management Association
BHR - Behavior Health Response
Casey Family Program
The City of Austin
Condea Vista
Cox Target Media
Farmers Insurance
Genzyme
Hyatt
ILEX Oncology
Iowa Assisted Living Association
King Pharmaceuticals

KPMG
Life Technologies
McLane Company, Inc.
MHA - Montgomery Co., MD
Miami International Univ. of Art & Design
Motorola
Mouny Sinai Hospital
PacifiCare
Pernod-Ricard
Proaction Behavioral Health Alliance
Shell Oil
Special Olympics
St. David’s Healthcare

State Farm Insurance
The State of Texas
Time, Inc.
Texas Association of School Boards
Texas Commission on Environmental Quality
Texas Nurses Association
Texas Department of MHMR
Texas Educational Services Centers
Texas Society of Association Executives
The University of Texas
Veteran’s Administration
Westinghouse

Ann Fry, MSW

New York/Austin

Phone 646-895-9295

<http://www.annfry.com>

email: ann@annfry.com

